

PARANORMAL ADVENTURES: HAUNTED EL CASTILLO AND EL CAÑO

BY PAUL DALE ROBERTS, HALO PARANORMAL INVESTIGATIONS



Carvings on the peak of the El Castillo pyramid (Structure A6) at Xunantunich, Belize (Photo by cjuneau via [Wikimedia](#))

When Deanna and I, went on vacation to Panama City, Panama, we made a stop in Belize. The sole purpose of our vacation was to do some ghost hunting at the El Castillo pyramid at Xunantunich in Belize and the ruins at Panama City, Panama.

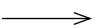
I was intrigued with the stories about the ghost called the Stone Woman, also known as the Maiden of the Rock. Sightings of the “Stone Woman” begin in 1892 when several people living on the site saw a woman, dressed in white, ascending the stairs of the temple-pyramid at the site, known as “El Castillo,” and disappearing into a stone wall. Deanna, being a psychic medium, felt her energy, and images of a sacrifice being conducted on top of the pyramid came flooding into Deanna’s mind.

Some of the locals believe that the Stone Woman volunteered to be sacrificed and walked to the top of the pyramid to the sacrificial altar of her own free will. Many locals claim that when they encounter the Stone Woman, as they approach her, she will disappear.

The ruins display six plazas and more than 25 palaces and temples. These palaces and temples are all preserved on a plateau overseeing the Mopan River. The mighty pyramid El Castillo is Belize’s second tallest structure. The ruins in this area have not been inhabited for over a thousand years.

Encountering the ‘Stone Woman’

A local tourist named Juan Castillo said he encountered the Stone Woman and her eyes were glowing red. When Juan first encountered the Stone Woman, she was





bent over, as if she was looking for something. Then, she turned around and had a frown on her face. Her eyes were piercing and glowing red.

Juan said he almost fainted and had a hard time understanding what he was seeing. He literally froze and couldn't move. The Stone Woman stared at Juan for a bit and then disappeared. Juan revealed that he had talked with many locals who claim they encountered the Stone Woman, and a tour group from Canada encountered the Stone Woman during sundown.

The Haunted History of El Castillo

Let's look at some of the history of the El Castillo pyramid. The settlement of Xunantunich flourished between 200 AD, and most of its citizens died out in 900 AD. It is said that the citizens were victims of a deadly earthquake. The word "Xunantunich" means "Maiden of the Rock." It was, in fact, named after the Stone Woman.

A Michigan tour group said that while they didn't see the Stone Woman while visiting the site, they did see a group of nine bare-chested warriors walking up the pyramid with their spears. At first, the group thought that they were looking at a group of actors. But as the warriors came close to reaching the top of the pyramid, they all disappeared. So, it would seem that the pyramid is very haunted. In fact, Deanna picked up the energy of many dead souls at the pyramids.

We learned that on July 19, 2016, a team led by Northern Arizona University professor Jaime Awe discovered an untouched burial chamber attached to a larger

building. It is considered to be one of the largest Mayan burial chambers found within the last 100 years.

The chamber contained the corpse of a male that was between 20 to 30 years old. Osteologists believe the man was athletic and quite muscular when he died. He was possibly a well-known warrior. Also found in the chamber were a number of ceramic vessels, obsidian knives, jade pearls, animal bones, and some other artifacts made of stone.

Evidence at El Castillo Pyramid – A UFO Connection

During our visit to the pyramid, I was able to obtain one EVP, which sounded like a man yelling in pain. While I was capturing this EVP, Deanna felt a hand squeeze her arm.

When we left the pyramid and got back on the tour bus, we got into a conversation with the driver, Marcus Hernandez, who told us that the pyramid is not only haunted by ghosts, but it's also visited by UFOs. Marcus said that he had heard many stories of strange lights zipping around the pyramid and that his father once saw a pyramid-shaped craft hovering over El Castillo. He fully believes that Xunantunich is on a leyline, which attracts UFOs.

Many UFO researchers and enthusiasts do believe that leylines are energy sources for UFOs. They act as, sort of, a gas station for UFOs, providing energy for the crafts. Marcus also believes that El Castillo is a conduit for UFO portal activity. I would have to agree with Marcus, as there seems to be more going on at Xunantunich than beautiful stone structures.

The 'Crying Girl' Spirit at El Caño

Our last stop on the trip was Panama City, Panama. The only ghost hunting we did in Panama City was at the El Caño, one of Panama's most important archaeological sites.

Over the course of the past century, archaeologists have been discovering several pre-Columbian burial sites at this location that are believed to date between 700-1000 AD. Deanna felt a lot of spirit activity at this location, but we were unsuccessful in obtaining any EVPs. There were a couple of areas that our EMF reader started lighting up.

We spent the rest of our trip dining out and taking in the city. We met a waitress name Maria Garcia, who revealed that while she was visiting El Caño, she heard a woman crying. She followed the sound of crying and came upon a young girl, who looked like she was about 10 years old.

Maria placed her hand on the girl's shoulder to comfort her, but her hand went right through the girl. The crying girl then vanished. Maria told us if we were to camp out at El Caño (the ruins), we would definitely encounter some ghosts! Maybe we'll have the opportunity one day. ♦